



"Create Heads with Hearts"



Cambridge Assessment  
International Education

Cambridge International School

# SEPTEMBER 2025

| MONDAY                                                             | TUESDAY                                                         | WEDNESDAY                                           | THURSDAY                                                                           | FRIDAY                                               | SATURDAY   | SUNDAY     |
|--------------------------------------------------------------------|-----------------------------------------------------------------|-----------------------------------------------------|------------------------------------------------------------------------------------|------------------------------------------------------|------------|------------|
| <b>1.</b><br>Dal panchratni,<br>Jeera pulao,<br>beetrootraita      | <b>2.</b><br>Punjabi choley,<br>masala poori, jaggery<br>halwa  | <b>3.</b><br>Rajma, rice, Papad                     | <b>4.</b><br>Aloo matar,<br>chappati, Sprout Salad                                 | <b>5.</b><br><b>Holiday-</b><br><b>Milad un nabi</b> | <b>6.</b>  | <b>7.</b>  |
| <b>8.</b><br>Veg biryani,<br>potato cucumber raita,<br>Shahi Tukda | <b>9.</b><br>Ghiyachanna dal,<br>chappati, Jeera Aloo           | <b>10.</b><br>Idli, sambar,<br>lemon Vermicelli     | <b>11.</b><br>Shahi paneer,<br>chappati, fruit custard                             | <b>12.</b><br>Dal Makhani,Onion<br>Pulao,Corn salad  | <b>13.</b> | <b>14.</b> |
| <b>15.</b><br>Veg kofta curry,<br>chappati, lobiya chaat           | <b>16.</b><br>Veg fried rice,<br>chilly paneer,<br>Kimchi salad | <b>17.</b><br>Pindi channa, kulcha,<br>boondi raita | <b>18.</b><br>Soya masala chaap,<br>chappati, paneer<br>beetroot cucumber<br>salad | <b>19.</b><br>Mix Veg,parantha,<br>Mexican salad     | <b>20.</b> | <b>21.</b> |
| <b>22.</b><br>Misal pav, Aloo bonda                                | <b>23.</b><br>Kadi pakora,<br>rice, papad                       | <b>24.</b><br>Bread Roll,Masala<br>Macroni,lemonade | <b>25.</b><br>Lobiya, chappati,<br>toss salad                                      | <b>26.</b><br>vada, sambhar,<br>Bhelpuri             | <b>27.</b> | <b>28.</b> |
| <b>29.</b><br><b>DUSSEHRA<br/>BREAK</b>                            | <b>30.</b><br><b>DUSSEHRA<br/>BREAK</b>                         |                                                     |                                                                                    |                                                      |            |            |
|                                                                    |                                                                 |                                                     |                                                                                    |                                                      |            |            |