



GOVERNMENT OF NATIONAL CAPITAL TERRITORY OF DELHI  
DIRECTORATE OF EDUCATION: SPORTS & PHYSICAL EDUCATION BRANCH  
CHHATRASAL STADIUM: MODEL TOWN: DELHI-110009

No.F.42(7)/PE&NI/2020/IDY/330-40

Dated: 19/06/2024

CIRCULAR

**Subject:- International Day of Yoga (IDY, 2024) on 21<sup>st</sup> June 2024 - Reg.**

The International Day of Yoga (IDY) is celebrated on June 21st every year. This helps in spreading the message and benefits of Yoga worldwide. Ministry of Ayush being the Nodal Ministry for observing the International Day of Yoga, organizes various countdown events to raise awareness about the practice of Yoga for holistic well-being and sustainable living.

This year, the 100-day countdown to the 10th International Day of Yoga (IDY) 2021 was held on March 13, 2024, at Vigyan Bhavan, New Delhi. As observation of the 10th IDY has to be done in a Whole-of-Government approach, it is proposed to organize an IDY countdown event as per the Common Yoga Protocol (CYP) in Delhi on a convenient date and time before 21-06-2024 under the leadership of a designated person. The URL for the CYP videos is:

**<https://yoga.ayush.gov.in/YAP/CYP/CYP-Home?lang=en>**

The nations across the world are gearing up to celebrate the 10th edition of International Day of Yoga on 21-06-2024. It has made an impact on global community and ushered in positive changes in our lives. The theme 'Yoga for Self and Society' will further strengthen our efforts to build a healthy nation. A google drive link is given hereunder for downloading the IDY related activities:-

**<https://bit.ly/4bk4ObY>**

The Live telecast of demonstration of Yoga on 10<sup>th</sup> IDY 2024 will be available on the Department website i.e. [www.edudel.nic.in](http://www.edudel.nic.in) on 21.06.2024 at 07:00 AM onwards.

In this regard, all the HOS of all the Govt./Govt. Aided/Pvt. Schools/MCD Schools /NDCM Schools under DOE are directed to encourage the students of their respective schools to participate in 10<sup>th</sup> IDY 2024 by performing Yoga asana at their homes on 21.06.2024.

The DDE District/Zones are requested to disseminate the live telecast information of 10<sup>th</sup> IDY 2024 among all the Govt./Govt. Aided/Pvt. Schools under their jurisdiction. Zone wise monthly compiled report of the activity to be sent along with pictures/short videos by the SPE's to the PE&NI branch for onward submission through mail.

This issues with the prior concurrence of Competent Authority.

Encl. As above.

  
19/6/24

(MANISH JAIN)

DY. DIRECTOR OF EDUCATION (Sports)

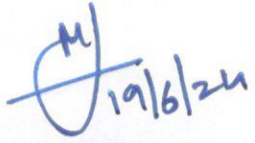
**All the concerned Principals/HOS of Govt. Schools Directorate of Education (THROUGHMIS), For strict compliance of above Instructions.**

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Copy forwarded to:-

1. PS to Secretary (Education) Old Sect, Delhi
2. PA to Director (Education) Dte. of Education Old Sect, Delhi.
3. The Director (Education) 24th Floor, Dr. S.P.M. Civic Centre, Minto Road, New Delhi – 110002.
4. The Director (Education) NDMC, Palika Kendra, New Delhi-110001.
5. The Addl. Director (Sports), Dte. of Education Old Sect, Delhi
6. All RDEs, Directorate of Education, Delhi.
7. The DDE (PSB) Dte. of Education Old Sect, Delhi with the request to circulate the same in all Pvt. Schools.
8. All DDE Districts & Zones
9. The ADE (PE&NI) Chhatrasal Stadium, Model Town Delhi
10. All the SPE's Zones for strict compliance.
11. OS (IT) with the request to place the circular on website.

19/6/24

(MANISH JAIN)

**DY. DIRECTOR OF EDUCATION (Sports)**