



DELHI INTERNATIONAL SCHOOL EDGE
Holiday Homework 2024-25
Class - VII

Dear Children,

Summer vacation is here, bringing with it a mix of relaxation and learning opportunities.

Your teachers have prepared engaging projects and assignments to keep your mind active and deepen your understanding of different subjects. Take your time to explore these tasks, as they are designed to enhance your academic skills while you enjoy your break. Happy Holidays!



Guidelines for students:

1. Remember to hand in your assignments promptly once school resumes. Your effort in completing them well will be recognized and appreciated.
2. Review the subjects covered by your teachers in the new session to reinforce your understanding.
3. Dive into the world of literature by exploring novels, short stories, travelogues, and other enriching reads.
4. Engage in a fulfilling activity at home, such as sketching, painting, learning a musical instrument, gardening, or anything else that brings you joy and excitement.
5. "Life devoid of reflection is akin to squandered opportunity; to enrich it, we must cultivate the art of introspection. To refine our skill in reflection, engage in the following exercise."

EXERCISE FOR SELF REFLECTIONS- (Mandate to be done)

1. To maintain a positive attitude and create energy, what are the "Three things you do" before you step out for a task?
2. What are the "Ten positive words" you have spoken in the last 24 hours?
3. What are the "Three qualities" you appreciate in people (Your family members and school community)?
4. What makes you think that you love yourself?
5. Read the newspaper daily to empower yourself with knowledge and general awareness.
6. Maintain a Daily Journal of the points 1-4, including new words. Also, read the newspaper for upgrading your current affairs.
 - Let your parents acknowledge your journal each day with their signatures. Your journal should be like handwriting practice to teach the benefits of handwritten notes because it improves attention, comprehension, and results.

HAPPY AND HAPPENING SUMMER BREAK!

Enjoy and take care of yourself!

With Love
Class Teacher

Some useful tips for summer vacation

- Make sure to maintain a balanced diet with ample water intake. Incorporate citrus fruits such as oranges, lemons, and grapes, as well as vitamin C-rich vegetables. Don't forget to include sources of vitamin D like cheese and egg yolks, along with zinc-rich foods like legumes, lentils, beans, and nuts in your meals. Your body will benefit from these nourishing choices!
- Practice some yoga and breathing exercises.
(<https://www.youtube.com/watch?v=ho9uttOZdOQ>)
(<https://www.youtube.com/watch?v=PmBYdfv5RSk>)
- Take the lead in promoting health within yourself, your school, your family, and your community. Adopt healthy habits such as coughing and sneezing into a tissue or your elbow, and refrain from touching your nose, face, eyes, and mouth. Share your knowledge of disease prevention with your family and friends, particularly with younger children, to contribute to a healthier environment for all.
- Make Sunday a "family Funday" and indulge in cleaning your home with the help of parents.
- Water the plants and rejoice in the beauty of nature.
- Contribute to the well-being of wildlife by keeping a water bowl in your garden or balcony for thirsty birds. Observing and caring for our feathered friends can be a rewarding experience, fostering empathy and environmental stewardship.



SUMMER HOLIDAY HOMEWORK
"Let knowledge be your passport to adventure during this holiday break."



Prelude:

In the Lakshadweep Islands, the population can be broadly categorized into two main groups: Indigenous inhabitants and Immigrants or Settlers. Before significant external influence, the islands were primarily inhabited by indigenous peoples. However, with increased connectivity and development, the demographic makeup has evolved.

Among the Indigenous People of Lakshadweep, several distinct communities stand out:

1. The Malabaris
2. The Aminidivi
3. The Koyas
4. The Malmis

Each of these communities boasts its cultural heritage and practices, adding depth and diversity to the rich cultural landscape of the Lakshadweep Islands. Their presence underscores the longstanding history and multiculturalism of this unique archipelago.

Be **DISEGE CULTURAL ANTHROPOLOGISTS** and study the different tribes of the **LAKSHADWEEP ISLANDS**'.

Roll No. 1 to 10

THE MALABARIS

The Malabari community is currently settled in various parts of the Lakshadweep Islands under the administration of the Lakshadweep Administration. Historically, they constituted one of the largest indigenous groups prior to significant external influences in the region.



- Write a brief sketch of the life of tribals in English (Highlight the Common Noun with Green and the Proper Noun with Orange)
- Make miniature models of tribals (2D, 3D using clay, etc.)
- Make a PowerPoint presentation (including - Festivals, Attire, Native Dance forms, and Songs)
- Prepare a data representation using a Bar graph depicting the Sex ratio, and literacy rate.
- Write 10 lines about the tribals and their Island in French/Sanskrit language (संस्कृतभाषायां ५ पङ्क्तयः लिखत)

Roll No. 11-20

THE AMINIDIVIS

The Aminidivi people are recognized as one of the most traditional communities in India. Inhabiting various islands within the Lakshadweep archipelago, they have maintained their ancestral way of life despite modern developments. Additionally, the Aminidivi community has been supported and settled by the Lakshadweep Administration in designated areas across the islands, ensuring the preservation of their unique cultural heritage.



- Write a brief sketch of the life of tribals in English (Highlight the Common Noun with Green and the Proper Noun with Orange)
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Roll No. 21-30

THE KOYAS

The Koyas reside along the western coast of various islands in the Lakshadweep archipelago, including Middle Andaman and South Andaman Islands. They maintain a secluded lifestyle and have occasionally come into contact with settled communities, leading to occasional tensions. Recognizing the importance of peaceful interactions, the Lakshadweep Administration conducts periodic outreach expeditions to establish friendly relations with the Koyas and promote mutual understanding.



- Write a brief sketch of the life of tribals in English (Highlight the Common Noun with Green and the Proper Noun with Orange)
- Make miniature models of tribals (2D, 3D using clay, etc.)
- Make a PowerPoint presentation (including - Festivals, Attire, Native Dance forms, and Songs)
- Prepare a data representation using a Bar graph depicting the Sex ratio, and literacy rate.
- Write 10 lines about the tribals and their Island in French/Sanskrit language (संस्कृतभाषायां ५ पङ्क्तयः लिखत)

Roll No. 31-40

THE MALMIS

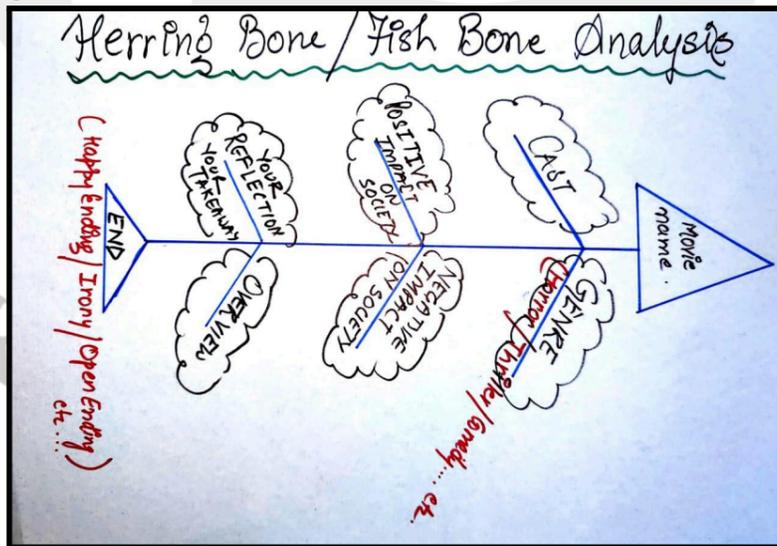
The Malmi community resides on various islands within the Lakshadweep archipelago. Similar to the Sentinelese and Jarawas, they tend to maintain a guarded approach toward outsiders. Periodically, the Lakshadweep Administration conducts outreach initiatives to foster better relations with the Malmis and understand their way of life.



- Write a brief sketch of the life of tribals in English (Highlight the Common Noun with Green and the Proper Noun with Orange)
- Make miniature models of tribals (2D, 3D using clay, etc.)
- Make a PowerPoint presentation (including - Festivals, Attire, Native Dance forms, and Songs)
- Prepare a data representation using a Bar graph depicting the Sex ratio, and literacy rate.
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For All Students

Watch any one movie from the given set of movies (Napoleon, Finding Nemo, Bolt, Hope, Brave) and after watching it, make a FISH BONE/ HERRING BONE diagram for reflection.



- Here's the mental math worksheet to help you maintain regularity of maths practice during the vacation period.
[7, Mental Math](#)

- Do maintain regular touch with the syllabus covered to date in all subjects.

NOTE

- **School reopens on 24th June 2024.**

- **Ensure holiday homework is submitted by 27th June 2024.**

- **Join us for the Holiday Homework Exhibition on 13th July 2024 to celebrate the students' hard work and creativity.**