

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			1. AHA Millet day Aloo Matar, Chapati, Barnyard Millet Kheer	2. Veg Biryani with paneer, Tadka dahi, Chickpea Salad	3.	4.
5. Pao Bhaji, Masala corn Salad	6. Rajma, Rice, Toss salad	7. Palak Paneer, Missi Chapati, Gajar halwa	8. White chana, Green Poori, Shahi Tukda	9. Masala Macaroni, Stuffed Veg Kulcha, Atta cookie	10.	11.
12. Mix Veg Korma, Chapati, whole moong salad	13. AHA Millet day Palak Kadi, Jeera Rice, Millet Bhajia	14. Matar paneer, Chapati, Sweet Kesari rice	15. Hakka noodles, Hot & sour Vegetables, Sweet corn soup	16. Tomato Rice, Sambar, Fried Idli	17.	18.
19. AHA Millet day Veg daliya, Millet Bhajia, Sweet Vermicelli	20. Veg Kofta curry, Chapati, Fruit custard	21. Kala chana, Rice, Bhatua raita	22. Soya Chaap, Chapati, Beetroot Cucumber Salad	23. AHA Millet day Veg Pasta, Veg sandwich, Dal & Millet cutlet	24.	25.
26. Masoor Dal Palak, Jeera pulao, Papad	27. Misal Pao, Moong dal halwa	28. Dum aloo, Parantha, Bottle Gourd Raita	29. AHA Millet day Vada/Sambar/ Millet Idli			